

Lunch Menu



Cycle Menu (3-week cycle ***)

November 2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/04-11/8	<p>Hot Dog / WG Bun Baby carrots ½ c Orange ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Cheese Pizza 4.6 oz Cucumber slices ½ c Gala Apple ½ c LF Milk 1 c</p> <p>Alt- Chef Salad 3 c</p>	<p>Hamburger/ WG Bun Baked fries ½ c Pear ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Lasagna 4.15 oz Green Beans ½ c Orange ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Turkey Ham sub 4 oz Potato Salad ½ c Applesauce ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>
11/11-11/15	<p>Salisbury Steak 3 oz Mashed Potatoes ½ c WG Roll 1.25 oz Golden Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Bean & Cheese Tostadas Beans ½ c Chopped Salad ½ c Orange ½ c LF Milk 1 c</p> <p>Alt- Chef Salad 3 c</p>	<p>BBQ Pork/ WG Bun Baby Carrots ½ c Pear ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Red Chile Stew w/ potatoes 1 c Chopped salad ½ c WG Tortilla 2 oz Gala Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Popcorn Chicken 3.2 oz Baked Fries ½ c Orange ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>
11/18-11/22	<p>Meatballs w/ gravy 3 oz WG Steamed Rice ½ c California Blend Veg ½ c Orange ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Corn Dog Carrots ½ c Fresh Pear ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Turkey W Gravy, Mashed Potatoes, Stuffing, Green Beans Granny Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Grilled Cheese Sandwich 4.19 oz Cucumber Slices ½ c Diced Peaches ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Ham Slider/ Hawaiian Bun Celery Sticks ½ c Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>
11/25-11/29	<p>WG Chicken Nuggets 3.1 oz Mashed Potatoes ½ c Gala Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad</p>	<p>WG Pasta w/ Mt Sauce 1 c Romaine salad ½ c Golden Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Chicken Sandwich 3 oz / WG Bun French Fries ½ c Fresh Pear ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Mac & Cheese 1 c Broccoli florets ½ c Orange ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Hamburger/ WG Bun Baked tots ½ c Applesauce ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>

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