

# Lunch Menu



## Cycle Menu (3-week cycle \*\*\*)

March 2023

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/27-03/03	<p><b>Breaded Chicken Sandwich/ WG Bun</b> Pineapple Slaw ½ c Orange LF Milk Alt – Chef Salad</p>	<p><b>WG Mac &amp; Cheese</b> Green Beans ½ c Diced Peaches ½ c LF Milk Alt- Chef Salad</p>	<p><b>Salisbury Steak 3 oz</b> Mashed Potatoes ½ c WG Roll Fresh Pear LF Milk Alt – Chef Salad</p>	<p><b>WG Breaded Chicken Strips</b> Mashed Potatoes ½ c Apple LF Milk Alt – Chef Salad</p>	<p><b>WG Pizza 4.6 oz</b> Baby Carrots ½ c Applesauce ½ c LF Milk Alt- Chef Salad</p>
03/06-03/10	<p><b>WG Chicken Nuggets 3 oz</b> Mashed Potatoes ½ c Applesauce ½ c LF Milk Alt – Chef Salad</p>	<p><b>Corn Dog 4 oz</b> Broccoli/Apple salad ½ c Orange ½ c LF Milk Alt- Chef Salad</p>	<p><b>Hamburger / WG Bun</b> Potato Salad ½ c Golden Apple ½ c LF Milk Alt – Chef Salad</p>	<p><b>Breaded Chicken Sandwich</b> WG/Bun Baby Carrots ½ c Apple LF Milk Alt – Chef Salad</p>	<p><b>Bean &amp; Cheese Tostadas</b> Chopped Salad ½ c Pear LF Milk Alt – Chef Salad</p>
03/13-03/17	<p><b>WG Cheese Pizza</b> Chopped Salad ½ c Granny Apple ½ c LF Milk Alt – Chef Salad</p>	<p><b>WG Popcorn Chicken 3 oz</b> Mashed Potatoes ½ c Fresh Pear LF Milk Alt – Chef Salad</p>	<p><b>BBQ Pork Sandwich/ WG Bun</b> Potato Salad ½ c Orange LF Milk Alt-Chef Salad</p>	<p><b>Hot Dog/ WG Bun</b> Baby Carrots ½ c Gala Apple LF Milk Alt – Chef Salad</p>	<p><b>Green Chile Meat 1 c</b> w/ potato WG Flour tortilla Pineapple Chunks LF Milk Alt – Chef Salad</p>
03/20-03/24	<p><b>Teriyaki Beef 3 Oz</b> WG Rice 1/3 c Green Beans ½ c Pineapple Chunks ½ c LF Milk Alt – Chef Salad</p>	<p><b>Red Chile Meat w/ potatoes</b> Chopped Salad ½ c WG Flour tortilla Diced Peaches ½ c LF Milk Alt – Chef Salad</p>	<p><b>Salisbury Steak</b> Mashed Potatoes ½ c WG Roll 1.25 oz Orange ½ c LF Milk Alt – Chef Salad</p>	<p><b>WG Grilled Cheese Sandwich</b> Baby Carrots ½ c Gala Apple LF Milk Alt – Chef Salad</p>	<p><b>WG Bean &amp; Cheese Burrito 4.2 oz</b> Cucumber slices ½ c Applesauce ½ c LF Milk Alt – Chef Salad</p>

### Non-Discrimination Statement

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